

HOME SPA

MIRACLE MAYO

HAIR

Hair Conditioner

Coat hair and leave on for 10 minutes. Shampoo as usual.

Dry Scalp

Massage into scalp only and leave on for 30 minutes.
Shampoo with warm water.

SKIN

Removes Dead Cells

Massage onto elbows and heels. Leave on 10 minutes.

Dark Spots

Mix 2 tsp each: mayo, honey, powdered sugar and buttermilk.
Leave on 10 minutes then wash with warm lukewarm water.

Hydrating Mask

Apply liberally to face. Leave on for 10 minutes.
Wash gently with warm water.